



# Spiritual-Care Groups in a Mental Health Setting

## Program Plan

### *Title of the Group*

- Include the name of the group.

### *Purpose*

- Write a general statement of focus for the group.

### *Literature Review and Evidence Base*

- Outline how the purpose of the group is supported in professional literature.
- Describe the evidence base for the interventions of the group.
- Include bibliographical references.

### *Goals and Outcomes*

- Describe what the program intends to accomplish.
- Describe how outcomes will be observed and measured.

### *Logistics*

- Describe where and when the group meets.
- Identify the number of staff needed for the group.
- Identify the maximum number of group members.
- Outline a budget for group supplies.
- Describe the equipment needed for the group.

### *Referral Criteria*

- Explain who will benefit from participating in the group.
- Describe the strengths and abilities needed for successful participation in the group.
- Identify any screening processes for referral into the group.

### *Sequence of Program*

- Outline the sequence of activities that will be used in the groups' sessions.
- Describe any steps that must be achieved before advancing to the next activities.

### *Methods and Intervention Strategies*

- Include specific intervention methods, strategies, and activities for each group session.

### *Identified Risks and Risk Management Plan*

- Identify potential risks that might arise in the group.
- Develop plans of action to prevent or address the risks.

### *Program Evaluation*

- Implementation/fidelity and outcome measures
  - Describe any measures that are applicable to this plan.
  - Describe how the measures will be tracked and recorded.
  - Describe how often the measures will be tracked and recorded.

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This document has been edited and adapted from an *OSH Quality Management—Data & Analysis* document.

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