

Spiritual Reminiscence

- What is good in your life? What is hard for you now?
- What is life like growing older?
- How do your memory problems affect your life?
- What do you hope for? What do you look forward to?
- What gives greatest meaning to your life now? What is most important?
- What keeps you going?
- Looking back over your life:
 - What do you remember with joy? with sadness?
 - Do you have an image of God or some sense of deity/higher power?
 - What do you think God is like?
 - When do you feel near to God?
 - What are your earliest memories of church, mosque, temple, or other worship?
 - Do you take part in any religious/spiritual activities now?
 - Do you pray or meditate?