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## The role of shadowing in chaplain education: report of a study among palliative chaplains

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The Presenters gratefully wish to acknowledge...  
*The Coleman Palliative Medicine Training Program*  
*for Interdisciplinary Providers*  
and in particular the encouragement and guidance  
provided by the Training Program Planning Team

<https://colemanpalliative.uchicago.edu/>

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*Casey Ritchie Clevenger, PhD, MA*  
for her in-depth interviews & qualitative analysis & evaluation  
of the impact of fellow and mentor shadowing experiences in  
*The Coleman Palliative Medicine Training Program*  
*for Interdisciplinary Providers*

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### Coleman Palliative Medicine Training Program for Interdisciplinary Providers

"Together we hope to improve the quality and access to palliative care for patients across the Chicago area and to build a lasting, support network of interdisciplinary palliative care providers."

- The number of palliative care programs & specialists are insufficient to meet patient need
- Team based, coordinated care across the continuum is essential to address the psychosocial and spiritual well being of patients and families
- A relatively small number of physicians receive ACGME fellowships annually
- The 2013 IOM Report emphasized the need to include chaplains & social workers into the care of people living with serious life threatening illnesses
- Very few advanced training programs exist for APN's, LCSW's or Chaplains in palliative care



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### Coleman Palliative Medicine Training Program for Interdisciplinary Providers

"Together we hope to improve the quality and access to palliative care for patients across the Chicago area and to build a lasting, support network of interdisciplinary palliative care providers."

#### FIRST COHORT – PHYSICIANS and APN's

- Establish permanent local provider network to share resources & quality data
- Expand the pool of attending physicians & nurse practitioners with clinical competency in palliative care
- Increase hospice utilization, discussion of advance care planning, palliative care consultations, and reduce costs of care
- Increase patient, caregiver and consumer satisfaction with the quality of care
- Develop metrics for benchmarking palliative care service & hospice activities across Chicago communities



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### Coleman Palliative Medicine Training Program for Interdisciplinary Providers

"Together we hope to improve the quality and access to palliative care for patients across the Chicago area and to build a lasting, support network of interdisciplinary palliative care providers."

#### Year 2 OVERVIEW – Cohort of Chaplains & Social Workers (Mentors & Fellows)

- EDUCATION: 2 day, bi-annual workshops
- PRACTICE IMPROVEMENT PROJECTS: implementing, evaluating, sustaining
- POSTER PRESENTATIONS at CLOSING CONFERENCE: winter of 2017
- PLANS FOR SUSTAINMENT



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### Coleman Palliative Medicine Training Program: Mentors

Roles, Responsibilities & Expectations

- Provide 48 hours of direct observation of your palliative care practice
- Communicate with program directors
- Participate in quarterly mentor conference calls with the program director to report on Fellows' progress and/or difficulties completing any portion of the training program
- Request assistance from the program directors at any time as needed, and alert program directors to any actual or foreseeable serious impediments as soon as possible
- Provide Workshop teaching
- Attend and co-lead sessions at biannual workshops and at the social worker and chaplain seminar series held 3 evenings in 2015 - 2017



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### Coleman Palliative Medicine Training Program: Fellows

Roles, Responsibilities & Expectations – Year One

- Attend 2-day workshops, twice a year. Social workers & chaplains are also expected to attend 3 evening seminars each year
- Complete pre and post tests and surveys
- Complete 20 hours of the self-directed, e-learning curriculum
- Submit an "Intent to Change" contract describing a practice improvement project
- Initiate and schedule monthly meetings with a program mentor
- Complete 20 hours of direct observation of mentor's palliative care practice
- Collect baseline data for practice improvement project
- Begin implementation of practice improvement project



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### Coleman Palliative Medicine Training Program: Fellows

Roles, Responsibilities & Expectations – Year Two

- Attend 2-day workshops, twice a year. Social workers & chaplains are also expected to attend 3 evening seminars each year
- Complete an additional 20 hours of direct observation of mentor's practice (for a total of 40 hours)
- Maintain monthly consultation with mentors
- Collect and report preliminary data on the intervention
- Report service utilization and quality measures data



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## Development of a Qualitative Research Study

Purpose: to determine the impact of *shadowing* as an effective methodology for chaplain education/continuing education, training & supervision

- Current approaches to chaplaincy education
- Shadowing in chaplaincy education
- Non-chaplain shadowing
- Casey Clevenger, PhD
  - \*structured interviews of 5 mentors and 7 fellows
  - \*qualitative analysis & evaluation of the shadowing experience
- Methods



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## Outcomes of the Qualitative Research Study

Key findings from the qualitative analysis and evaluation of interviews with 7 fellows and 5 mentors.

### 3 MAIN THEMES

- Learning about palliative care
- Being a learner/teacher/mutual learner
- Challenges & recommendations



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## Development of a Qualitative Research Study

Interview Questions

- What was most notable about your shadowing experience?  
What did you observe you would like to incorporate in your practice?
- What was it like to observe several different mentors in several different settings?
- What was it like to be observed if that occurred?
- How would you describe/evaluate the contribution of these shadowing experiences to your work as a chaplain?  
What, if anything, would improve the shadowing experience?



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### Development of a Qualitative Research Study

Interview Questions

- What is your opinion about the potential value of shadowing non-chaplain members of the Palliative care team? About having them shadow a chaplain?
- Would you recommend that shadowing be included in chaplain education or continuing education? Should shadowing continue to be part of the Coleman experience? Why?
- Anything else you want to tell us about your experiences with shadowing as part of the Coleman project or your views about the role of shadowing in chaplain education?


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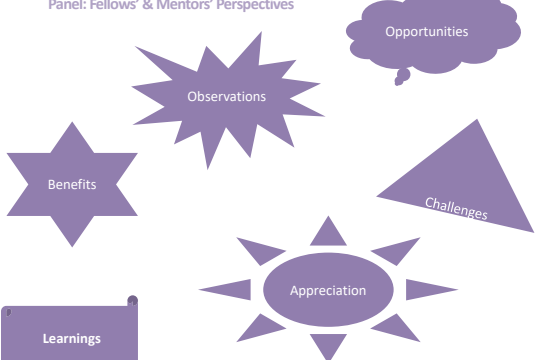
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### Research Study Key Findings

Panel: Fellows' & Mentors' Perspectives




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### Research Study Findings

Interactive Panel Discussion

Implications of our findings for palliative care chaplains'

- Education
- Training
- Supervision
- Basic and continuing chaplaincy education and supervision





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Questions?



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NEXT STEPS...

Thoughts?

Ideas?

Suggestions?



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Thank You!



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